



FALL 2015 BOYS & GIRLS SOCCER

AGES: 5 – 6 YEAR OLD CLINIC (65.00)

Using the internationally proven methods of Doug Burgoyne

AGES U8 TO U15 INTRA-COUNTY LEAGUE PLAY (85.00)

2015 FALL REGISTRATION

ONLINE – March 31, 2015 - WWW.CHURCHVILLESOCCER.COM

AT THE REC CENTER

Saturday, May 2nd, 2015 9:00am – 1:00pm

Wednesday, May 6th, 2015 6:00pm – 8:30pm

Saturday, May 9th, 2015 9:00am – 1:00pm

Churchville Recreation Center 111 Glenville Rd., Churchville, MD 21028

**ACCEPTANCE OF REGISTRATION BY CHURCHVILLE SOCCER IS CONDITIONED UPON
YOUR SIGNING THE CRC RELEASE WAIVER AND INDEMNIFICATION AGREEMENT.**

Player's Name:	Birth Month/Year	Shirt Size – Circle One. YS YM YL AS AM AL AXL Circle Division BOYS GIRLS	Clinic YS YM YL
Address:		U8 U10 U12 U15	Clinic 5 CO-ED Clinic 6 COED
City, State	Zip	Age as of 7-31-2015 -	
Parent /Guardian Name 1	Parent /Guardian Name 2		
Email	Email		
Cell #	Cell #		
Home#	Home#		
Emergency Name and Phone Number	Allergies/ Medical Conditions.		
Requests			

WAIVER RELEASE AND INDEMNIFICATION AGREEMENT.

In consideration of CHURCHVILLE RECREATION COUNCIL, INCORPORATED, ("CHURCHVILLE REC") allowing the named participant (the "Participant") to participate in any and/or all of the following, whether supervised or unsupervised, sponsored or unsponsored, formal or informal, organized or unorganized: (1) CHURCHVILLE REC program(s) and/or activities; (2) programs and/ or activities using and/or accessing CHURCHVILLE REC facilities, fields, and/or equipment; and/or (3) or otherwise allowing access and/or use of CHURCHVILLE REC'S fields, facilities and/or equipment for any purpose, (individually and/or collectively referred to as the "Programs or Activities"), the registering adult Participant with capacity to contract, individually or, if the Participant is under 18 years of age or lacks capacity to contract, the registering parent or guardian, in both his/her individual capacity and on behalf of the Participant (individually and collectively referred to as the "Registrant") agree(s) as follows:

(1) THE REGISTRANT HEREBY WAIVES RELEASES AND FOREVER DISCHARGES THE ENTITIES FROM ANY AND ALL CLAIMS AND CAUSES OF ACTION OF ANY KIND OR NATURE, DIRECT, INDIRECT OR DERIVATIVE, including but not limited to claims and causes of action involving physical, mental or emotional injury, death, or economic injury which are related directly or indirectly in any way to the Programs or Activities occurring on or off the CHURCHVILLE REC premises (hereinafter "Claims"). The term Claims does not include claims for injury caused by the Entities' intentional, wanton, reckless or gross negligent acts. This Release also applies to the Registrant's heirs, personal representatives and assigns. This Release is all encompassing which means that it is a complete and total release of the Registrant's Claims against the Entities and, as a result, this Release is intended to nullify any and all claims derivative to the Registrant's released Claims to the extent allowed by law, including but not limited to derivative claims held by the Registrant's parents, relatives, spouses, siblings or other related and unrelated third parties. This Release applies to any and all of the Programs or Activities in which the Registrant participates in any way, now and in the future during the term of this Release.

The term "Entities means individually and/or collectively: (a) CHURCHVILLE REC; (b) the Harford County School System; (c) the Harford County Government; (d) Harford County Parks and Recreation; (e) Program or Activity sponsors, owners, facilitators participants associated in any way with the Programs or Activities; (f) travel, club, recreation and other sports leagues associated in any way with the Programs or Activities; (g) owners, lessors, or license holders of real property associated in any way with the Programs or Activities; (h) vendors; (i) owners or lessors of equipment associated in any way with the Programs or Activities; and (j) all of their (a-h) respective, owners, board members, directors, chairpersons, members, officers, vendors, agents, employees, independent contractors, participants, volunteers, referees, coaches and their personal representatives and assigns.

(2) THE REGISTRANT SHALL INDEMNIFY THE ENTITIES FOR: (1) the Registrant's Claims against the Entities and/or by third parties asserting a derivative claim to the Registrant's Claims; (2) third party causes of action brought or demanded against the Entities for actions caused directly or indirectly in whole or in part by the Registrant's conduct; and (3) for the Entities' cause(s) of action against the Registrant. This indemnification includes but is not limited to: (1) paying the Entities for any judgment or settlement amount paid, owed or incurred by the Entities in defending a Claim or other cause of action involving the Registrant; (2) paying the Entities for damages incurred by the Entities as a result of the Registrant's conduct; and/or (3) payment of the Entities reasonable attorney's fees and costs incurred in defending the Claim or cause of action or the Entities pursuing a cause of action against the Registrant – whether or not any such Claim or cause of action is filed with a court or other tribunal.

(3) THE REGISTRANT AGREES AND UNDERSTANDS - (1) that this Release, remains in effect for a period of two years from the date below and will not be waived unless in writing and signed by the CHURCHVILLE REC board president; (2) that this Release survives any refund or withdrawal by the Participant, voluntary or involuntary, from any Programs or Activities during the term of this Release; (3) that this Release is cumulative which means that the signing of another release for a Program or Activity does not invalidate this Release or replace it and that this Release may be enforced separately or in conjunction with other releases; (4) that Maryland law governs the terms of this Release; (5) that the Registrant will not bring any claim or cause of action against the Entities for Claims subject to this Release; and (6) Participant's present and future participation in the Programs or Activities is for recreational purposes only and not a necessity.

I certify under penalty of perjury that I am the legal parent or guardian of the registering Participant.

I have received, read and understand the following: (A) Sudden Cardiac Arrest (SCA) Information Sheet; and (B) Concussion Awareness Information Sheet.

I have received a copy of the Player/Parent Code of Conduct Sheet and Agree to Its Terms.

I Understand the Registration Fee is nonrefundable.

Signature

Date



Churchville Recreation Council **CODE of CONDUCT**

The Recreation council is committed to providing the citizens of Harford County with quality recreational opportunities in a safe and enjoyable environment. To fulfill this commitment, the Recreation Council has established a **Code of Conduct**. The Code requires that individuals, including but not limited to spectators, coaches, registrants, and volunteers in Recreation Council programs and activities, conduct themselves in a reasonable manner.

Individuals may lose the right to participate in programs and activities for any of the following:

1. Failure to abide by program rules as established by the Recreation Council.
2. Failure to comply with the direction given by Recreation Council representatives in the performance of their duties.
3. Misuse, destruction, damage or theft of Recreation Council property, or the property of others.
4. Indecent or obscene conduct, including profanity.
5. Any action, which, in the judgment of the Recreation Council, places oneself or others at risk. This includes, but is not limited to, physical and/or verbal abuse, intimidation, and coercion, inciting others to violence or disruption, and sexual harassment. Sexual harassment includes, but is not limited to, the following: verbal or physical sexual advances, including pressure for sexual activity; unwelcome sexually motivated touching, pinching, patting or intentional brushing against; verbal harassment or abuse; and remarks or gestures of a sexual nature.
6. Possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives.
7. Possession, use or distribution of alcohol (except by special permit), or controlled dangerous substances.
8. Any action that disrupts or obstructs participation in a Recreation Council program or activity.
9. Any action that constitutes a violation of local, state, or federal law.

Violations of the **Code of Conduct** may result in disciplinary action including, but not limited to, the following:

1. Verbal warning.
2. Limited suspension from programs and activities.
3. Permanent expulsion from programs and activities.

An individual may face permanent expulsion without verbal warning and/or suspension if, in the judgment of the Recreation Council, the violation is significant enough to warrant such action.

PARENTS SIGNATURE _____ DATE _____



Sudden Cardiac Arrest (SCA) Information for Parents and Student Athletes

Definition: Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs.

SCA in student athletes is rare; the chance of SCA occurring to any individual student athlete is about one in 100,000. However, student athletes' risk of SCA is nearly four times that of non-athletes due to the increased demands on the heart during exercise.

Causes: SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA	Emergency Response to SCA
<ul style="list-style-type: none">• SCA strikes immediately.• SCA should be suspected in any athlete who has collapsed and is unresponsive.<ul style="list-style-type: none">○ No response to tapping on shoulders○ Does nothing when asked if he/she is OK• No pulse	<ul style="list-style-type: none">• Act immediately; time is most critical to increase survival rates.• Recognize SCA.• Call 911 immediately and activate EMS.• Administer CPR.• Use Automatic External Defibrillator (AED).

Warning signs of potential heart issues: The following need to be further evaluated by your primary care provider.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

Information used in this document was obtained from the American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org), and the Sudden Cardiac Arrest Foundation (www.sca-aware.org). Visit these sites for more information.



Parent/Athlete Concussion Information Sheet

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports **one or more** symptoms of concussion listed below after a bump, blow, or jolt to

Did You Know?

- Most concussions occur *without* loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

the head or body, s/he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

SIGNS OBSERVED BY COACHING STAFF	SYMPTOMS REPORTED BY ATHLETES
Appears dazed or stunned	Headache or “pressure” in head
Is confused about assignment or position	Nausea or vomiting
Forgets an instruction	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or blurry vision
Moves clumsily	Sensitivity to light
Answers questions slowly	Sensitivity to noise
Loses consciousness (<i>even briefly</i>)	Feeling sluggish, hazy, foggy, or groggy
Shows mood, behavior, or personality changes	Concentration or memory problems
Can’t recall events <i>prior</i> to hit or fall	Confusion
Can’t recall events <i>after</i> hit or fall	Just not “feeling right” or “feeling down”

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (*even a brief loss of consciousness should be taken seriously*)

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. *They can even be fatal.*

Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

Student-Athlete Name Printed

Student-Athlete Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date